

**Virtual Courses – Included in the cost of the live conference registration.  
Available May 1 – June 30, 2025**

**Supervisors' Role in Safety**

This course is designed for first line supervision, safety and health committee members, and management personnel. Topics covered include employee safety and health training, accident investigation, hazard recognition, and self-inspection techniques. This course gives tips to supervision on methods to integrate health and safety into their daily duties and responsibilities.

**Presenter:** Lynn Totsky, MA, Senior Industrial Hygienist, MIOSHA, CET Division

**Understanding and Improving Your Safety Culture**

This course will provide knowledge and tools for participants to gain an understanding of the factors that affect culture and how it impacts safety performance. The topics covered include techniques to improve safety culture, and examine what good, positive safety culture looks like.

**Presenter:** Lynn Totsky, MA, Senior Industrial Hygienist, MIOSHA, CET Division

**Nurturing Resilience: A Workshop on Self-Care and Mindfulness in Caring Roles**

This self-care workshop will introduce tools and strategies for caring for yourself while supporting others. Finding time and energy for ourselves can be challenging. This time together will offer space and tools to reconnect with yourself and your needs. Together, we will identify ways to hold time in your day just for you, opportunities to cultivate joy through mindfulness and gratitude practices, explore tips for building supportive and energizing connections and review resources to help maintain a sense of balance and wellbeing.

**Presenters:** Chardae Korhonen, LMSW, Youth and Family Outreach Specialist, Stay Well Program

**Long Term Care Ombudsman: Why are they knocking at my door?**

In this session, participants will learn about the unique resident-driven advocacy role of the Long-Term Care Ombudsman Program. We will review the program's authority under state and federal rules and regulations as well as discuss our approach to resident-driven and systemic advocacy. We will explain our various program services and share examples of case resolution which benefits both the resident and the operator. Lastly, we'll explain why a local ombudsman may be reaching out to your home at this time.

**Presenter:** Salli Pung, Michigan State Long Term Care Ombudsman

**Preventing and Responding to Behaviors in People with a Developmental Disability and Dementia**

Behavior change is a common symptom of dementia and may require different interventions than responding to behaviors caused by developmental disabilities. This program is designed to help attendees learn more about common behavior changes in those with developmental disabilities and dementia, including training to help decipher the root cause of behavior and how to prevent and respond to common behavior changes.

**Presenter:** Kristi Davis, CTRS, DDSSP Program Manager, Alzheimer's Association

**Communication Challenges in Supporting Individuals with a Developmental Disability and Dementia**

The desire to communicate and connect with other people is a basic human need. In this training, we will discuss how communication abilities may change as people with a developmental disability progress through the stages of dementia. Attendees will also learn how to modify their own communication and listening strategies to maximize understanding.

**Presenter:** Kristi Davis, CTRS, DDSSP Program Manager, Alzheimer's Association

### **End of Life Issues for People with a Developmental Disability and Dementia**

Dementia is a progressive disorder, and Alzheimer's disease is the sixth-leading cause of death in America. In this training, attendees will learn what dementia looks like in the late stages, strategies and resources to maximize quality of life, and why commonly used medical interventions for those with a developmental disability may not be useful for those with late-stage dementia.

**Presenter:** Kristi Davis, CTRS, DDSSP Program Manager, Alzheimer's Association

### **Applied Gerontology Research and Education to Eliminate Disparities (AGREED)**

Description Coming Soon

**Presenter:** Dr. Cynthera McNeil, DNP, APRN, AGPCNP-C, FAANP

### **Compassion Fatigue**

Description Coming Soon

**Presenter:** Dr. Catherine Macomber, PhD, LMSW, Assistant Dean of the College of Health & Human Services, BSW Program Director, and Professor in the Social Work & Youth Services Department of Saginaw Valley State University

### **Medication Management and Using Your Pharmacy Resources**

Learn about medication management guidelines based on the Michigan Public Health Code. In addition, learn ways that the local Long Term Care pharmacy is able to assist at the assisted living/adult foster care level in order to increase safety, prevent med errors, and provide resources.

**Presenter:** Sarah Westerbrink, RN, Nurse Account Manager, Guardian Pharmacy

### **Understanding MI Coordinated Health HIDE SNP**

Description Coming Soon

**Presenter:** Allison Beaudouin, MDHHS State Administrative Manager, Medicaid Policy and Health Systems Innovation

### **Effective Grief and Bereavement Practices for Staff and Residents**

Unaddressed grief and bereavement have been shown to have serious effects on residents and staff. In this session, leaders and staff will learn about the impact of grief and bereavement on those working and residing in communities as well as learn about what strategies are being used to mitigate this impact. Attendees will understand current gaps and come away with easily implemented best practices to improve and protect the mental and physical health of the residents and staff of the communities they serve.

**Presenter:** Christy MacDermid-Avery, Business Analyst, Altarum

### **The Montessori-Inspired Lifestyle for Memory Care and Assisted Living**

In this session, we will explore how Montessori principles, originally developed to support early childhood education, can be adapted to enhance the lives of persons living with dementia. Grounded in dignity, equality, and respect, the Montessori approach offers practical strategies for creating environments and interactions that support independence, engagement, and well-being. **Presenter:** Dr. Evan Shelton

### **Facility Training and Compliance**

Learn best practices for an individual's paperwork for pharmacy onboarding and staff training topics such as: CPR, med pass, eMAR and more. Also learn ways to prepare for state audits, specifically when it comes to Med cart maintenance, proper medication disposal and proper HIPAA disposal within the facility.

**Presenter:** Leslie Durbin, Field Operations Specialist, Kalamazoo Long Term Care Pharmacy

### **Michigan's Mental Health in the Workplace**

Join us and learn from Michigan's Labor and Economic Opportunity Deputy Director of Labor, Sean Egan, as he shares about the importance of mental health in the workplace, and Michigan's unique initiative to help support these needs. Walk away with fresh insights and understanding of how impactful supporting mental health can be both for your employee as well as the financial health of your organization.

**Presenter:** Sean Egan, BA, JD, Deputy Director, Labor and Economic Opportunity, State of Michigan

### **Right to Music**

**Full Title and Description coming soon**

**Presenter:** Dan Cohen, MSW, Founder Right to Music

### **Environment and Design in Assisted Living**

**Full Title and Description coming soon**

**Presenter:** Margaret Calkins, PhD, EDAC, FGSA

### **Supporting the MENA Community with Dementia**

**Full Title and Description coming soon**

**Presenter:** Dr. Kristine Ajrouch, PhD, Director, Michigan Center for Contextual Factors in Alzheimer's Disease (MCCFAD)

### **AI and Dementia**

**Full Title and Description coming soon**

**Presenter:** Dr. Emma Dixon, PhD, Assistant Professor, Human-Centered Computing, Clemson University

### **Fall Prevention Solutions That Really Work**

This seminar "Fall Prevention Solutions That Really Work" will offer practical solutions to some of the most challenging real-life situations you face in your facilities for those older adults who fall or are at risk of falling. Built on today's best practices, this program will provide you with some effective tools to:

- Better predict and prevent falls with effective fall prevention tools and strategies
- Educate staff to be better detectives in seeing potential fall risk factors and implement interventions to combat these
- Present ideas for better communication with all those involved when addressing FALL PREVENTION

**Presenter:** Shelly Denes PT, C/NDT, CFPS, CGCP, Denes Physical Therapy Consulting LLC